## 

## Neighborhood Resilience Building Activity Program:

## Get Ready Together

Spanish : <https://docs.google.com/document/d/1TM7NCXqWy2roPPsY0IijTIxBXxxfVYCn/edit?usp=sharing&ouid=117398351128959723560&rtpof=true&sd=true>

*This project is funded with grant funds received from the Housing and Urban Development Community Development Block Grant Mitigation Resilient and Public Services Program grant to increase resilience to disasters and reduce risk of loss of life, injury, damage to and loss of property, and suffering and hardship, by lessoning the impact of future disasters. This Activity Program will result in measurable and verifiable reductions in the risk of loss of life and property from future disasters and will yield community development benefits.*

# What is Get Ready Together?

This program is designed to support small neighborhood groups in their efforts to strengthen preparedness and resilience. The Department of Emergency Management (DEM) is committed to fostering these initiatives and expanding participation in hyper-local networks.

Neighbors helping neighbors is one of the most effective ways to ensure that everyone—especially those with limited resources or without digital access—receives critical information and assistance during a disaster.

Through this program, groups can access funded activities that promote preparedness education, encourage community participation, and enhance their capacity to respond effectively in an emergency.

# What Activities are Provided for 2025?

##### First Aid CPR ClassFirst Aid & CPR Training Spring 2023 - Town of Colma

Class for neighborhood members on First Aid and CPR to assist in creating valuable skills in local communities.

* Class for 10-20 people.
* Class will be held at location in neighborhood determined by neighborhood group, but will be held in a public facility or in a outdoor venue (rental of equipment such as tent may be required).
* Neighborhood group must commit to publicizing and encouraging neighbors to sign up and attend
* County contractor will conduct the training.
* Training is available in Spanish or English

Building capacity at the local level to respond to basic first aid and CPR needs can save lives while first responders are in route. Being able to bandage and splint moderate injuries can limit infection and help keep emergency rooms clear for more serious injuries. Further, offering the class for neighbors to do together reinforces the development of working teams in the neighborhood so people can understand what resources and skills are in the neighborhood when needed.

First aid training can increase safety awareness among community members. When more people know how to respond to emergencies and provide basic first aid, the community as a whole can become more prepared to handle emergencies and reduce the risk of injuries and illnesses.

##### Chainsaw SafetyChainsaw Safety

The Chainsaw Safety class will provide an opportunity for a small group of community members to work together learning how to safely use a chainsaw to cut away and remove trees that may be blocking ingress/egress to their area. During both inclement weather and wildfire trees and heavy debris can block roads. Neighborhoods with trained chainsaw operators will be able to help themselves when seconds count to remove obstacles to their evacuation. Class includes:

* Licensed professional instructor
* Two full days of class including basic safety and practical operation to remove a fallen tree
* Hands on opportunity to use a chainsaw under supervision
* Written safety protocols to use as a refresher when needed
* An opportunity to work with community members to connect across the county to enhance community resilience
* Classes are a minimum of 10 Adults and a maximum of 20 Adults (funding dependent)
* Students will be asked to sign a release of liability prior to taking class
* Class is provided at no charge, students will be required to have their own long sleeve shirts, safety glasses, ear plugs, gloves and boots.
* Based on number of applications total applications from a specific community will be limited to 1-2 representatives (funding driven)
* Students will supply their own transportation to the learning site in Sonoma County and their own lunch, beverages and snacks.

##### **Flood Preparedness Week: October 21-28, 2023, 40% OFFFlood Preparedness Workshop**

Workshop will cover basic preparedness for families (staying informed, building a kit, make a plan) and also flood specific information regarding mitigation before a flood, how to sandbag effectively, and other flood specific information. Class includes:

* Supplies for attendees for flood preparedness
* Professional instruction on preparing for a flood in your neighborhood
* Instructor led conversation about working together effectively to support each other before a flood to mitigate risk, during to stay safe, and after to understand safety protocols and review potential additional mitigation measures
* Class for 10-40 people.
* Class will be held at location in neighborhood determined by neighborhood group, but must be a facility open to the public (not a private home) or in a outdoor venue (rental of equipment such as tent may be required).
* Neighborhood group must commit to publicizing and encouraging neighbors to sign up and attend
* County staff and other special subject experts will conduct the training.
* Training is available in Spanish or English or simultaneous translation

How to Apply for a Neighborhood Program

Applications will be accepted by the Department of Emergency Management (DEM) from neighborhood groups that meet the following criteria:

* A neighborhood group must consist of at least ten separate residences working together on preparedness.
* To establish eligibility, the group must submit an application with ten signatures from ten different addresses within their community.
* Groups will also be asked to indicate if any members have access and functional needs, which may include individuals with disabilities, seniors, those with limited English proficiency, limited transportation access, or financial constraints affecting their ability to prepare for, respond to, and recover from emergencies.
* Groups do not need to be a registered nonprofit (e.g., 501(c)(3)), incorporated, or formally licensed. This program supports grassroots community efforts.
* Applications will be reviewed based on available funding, community need, past participation in the program, and geographic location.
* Groups that are not awarded funding in a given year are encouraged to reapply the following year.
* The program will be promoted through social media, the DEM website, nonprofit partners, and in-person events.

# Evaluation

Once application date closes all applications will be reviewed by a committee of three. This committee will include two DEM staff and one neighborhood leader not associated with any pending neighborhood resilience building activity application. Applications will be deemed eligible if they include all information asked for on the grant including the ten neighbor signatures. Number of awards will vary based on the cost of activity applications chosen.

All eligible applications will be preliminarily ranked based on the following criteria:

* 1-5 points (5 is most desired outcome)
  + Will the project build resilience in the neighborhood? Please explain how
* 1-5 points (5 is most desired outcome)
  + Will the project help the neighborhood group to grow? Please explain how.
* 10 points if yes
  + Is the project located in a disadvantaged census tract?
  + Map is found here <https://docs.google.com/document/d/1ewj8g6ulbcXzjovQXVtw-C7noEc2lfEY/edit?usp=sharing&ouid=117398351128959723560&rtpof=true&sd=true>
* 5 points if yes
  + Does the community have residents with access and functional needs (AFN)? (Please identify Name and Address of at least one individual as well as why they qualify as AFN)

# Application - First Aid and CPR Class (pages 6-10)

Applications must be completed in their entirety. For any questions about the applications or application process please reach out to Nancy Brown, PhD at (707) 396-4033 or email at [nancy.a.brown@sonoma-county.org](mailto:nancy.a.brown@sonoma-county.org).

**All applications must be received by April 30, 2025 to be considered for this project year (2025).**

Email Application to: [nancy.a.brown@sonoma-county.org](mailto:nancy.a.brown@sonoma-county.org)

Mail Application to: Nancy Brown

SoCoEmergency Management

2300 County Center Drive Suite B220

Santa Rosa, CA 95403

All applicants will be notified by June 20th. Work/activity must be done prior to December 1, 2025.

This opportunity allows groups to develop First Aid and CPR skills to enhance the community’s capacity to respond to immediate and urgent needs when first responders might not be able to promptly respond.

Applications must specify:

1. Organizing Leaders Contact Information
2. Group demographics
3. Proposed class date
4. Identify a location (local community space) to hold class.
5. Identify number of community members who might like to participate.
6. List of ten community members in your group who are in support of this application
7. Class must have a minimum of 10 adults registered – maximum is 20

### First Aid and CPR Class Application Details

|  |  |
| --- | --- |
| **Question** | **Response** |
| Neighborhood Group Name |  |
| Applicants (Leader) Name |  |
| Contact details: Address |  |
| Phone |  |
| Email |  |
| Number of homes included in the group |  |
| Number of Individuals in the group. |  |
| Physical description of group geography (e.g. Street names, borders, other identifying characteristics) |  |
| When do you propose this class to be held? Please provide two dates from June 30 2025-December 1, 2025 |  |
| Where do you propose this class be held? (public location ADA compliant) |  |
| Who owns the proposed location’s property? |  |
| Do you have their written permission (see form attached for signing)? |  |
| How many people are expected to attend? |  |
| How will having this class benefit your neighborhood? |  |
| How will this project make your community more resilient? |  |

### Community Member Signatures in Support of Application

|  |  |  |
| --- | --- | --- |
| **Name and signature** | **Address** | **Phone or email** |
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### Community First Aid/CPR Class Location Permission

I\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ do here by agree to host our neighborhood First Aid/CPR class at the below location.

|  |  |  |  |
| --- | --- | --- | --- |
| **Name:** |  |  |  |
| **Event Location:** |  |  |  |
| **Contact Phone Number:** |  |  |  |
| **Contact Email:** |  |  |  |
|  |  |  |  |
| **Applicants Signature:** |  | **Date:** |  |

# Application – Chainsaw Safety Class (pages 11-15)

For any questions about the applications or application process please reach out to Nancy Brown, PhD at (707) 396-4033 or email at [nancy.a.brown@sonoma-county.org](mailto:nancy.a.brown@sonoma-county.org).

**All applications must be received by April 30, 2025 to be considered for this project year (2025).**

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SoCoEmergency Management

2300 County Center Drive Suite B220

Santa Rosa, CA 95403

All applicants will be notified by June 20th. Work/activity must be done prior to December 1, 2025.

This opportunity allows one to two individuals (depending on number of applicants total) from a neighborhood group to develop Chainsaw operation safety skills. These skills may be important in evacuation should roads be obstructed by trees. The class is two full days and includes classroom and practical learning. All participants must attend both days.

Applications must specify:

1. Organizing Leaders Contact Information
2. Group demographics
3. Proposed class date
4. Identify number of community members who might like to participate. All Attendees and host will be asked to sign release of liability on the day of the class.
5. List of ten community members in your group who are in support of this application
6. Class is provided at no charge, students will be required to have their own long sleeve shirts, safety glasses, ear plugs, gloves and boots.
7. Based on number of applications total applications from a specific community will be limited to 1-2 representatives (funding driven)
8. Students will supply their own transportation to the learning site in Sonoma County and their own lunch, beverages and snacks.
9. Students must commit to both training days

### Chainsaw Safety Class Application Details

|  |  |
| --- | --- |
| **Question** | **Response** |
| Neighborhood Group Name |  |
| Applicants (Leader) Name |  |
| Contact details: Address |  |
| Phone |  |
| Email |  |
| Number of homes included in the group |  |
| Number of Individuals in the group. |  |
| Physical description of group geography (e.g. Street names, borders, other identifying characteristics) |  |
| What are your preferred days and times for this class (Weekend? Weekday?) |  |
| How many people are committed to attending the two day class (based on space available) |  |
| How will having community members attend the class benefit your neighborhood? |  |
| How will this project make your community more resilient? |  |

Community Member Signatures in Support of Application

|  |  |  |
| --- | --- | --- |
| **Name and Signature** | **Address** | **Phone or email** |
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### Community Chainsaw Safety Class

I\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ do here by agree to coordinate my community attendees and agree that all who participate will attend both full day sessions.

|  |  |  |  |
| --- | --- | --- | --- |
| **Name:** |  |  |  |
|  |  |  |  |
| **Signature:** |  | **Date:** |  |

Each participant will be asked to **sign release of liability** for this event on the day.

# Application – Flood Preparedness Workshop (pages 16-20)

For any questions about the applications or application process please reach out to Nancy Brown, PhD at (707) 396-4033 or email at [nancy.a.brown@sonoma-county.org](mailto:nancy.a.brown@sonoma-county.org).

**All applications must be received by April 30, 2025 to be considered for this project year (2025).**

Email Application to: [nancy.a.brown@sonoma-county.org](mailto:nancy.a.brown@sonoma-county.org)

Mail Application to: Nancy Brown

SoCoEmergency Management

2300 County Center Drive Suite B 220

Santa Rosa, CA 95403

All applicants will be notified by June 20th. Work/activity must be done prior to December 1, 2025.

This opportunity allows groups to work toward flood preparedness both individually and as a group. Classes will be for a minimum of 10 students. Supplies will be provided to first 20 people registered for class, although more may attend if they wish. Supplies provided in the class are limited to one participant per family.

Applications must specify:

1. Organizing Leaders Contact Information
2. Group’s general demographics
3. Proposed class date (two August to December 2025)
4. Identify number of community members who might like to participate.
5. List of ten community members in your group who are in support of this application

### Flood Preparedness Workshop Application Details

|  |  |
| --- | --- |
| **Question** | **Response** |
| Neighborhood Group Name |  |
| Applicants (Leader) Name |  |
| Contact details: Address |  |
| Phone |  |
| Email |  |
| Number of homes included in the group |  |
| Number of Individuals in the group. |  |
| Physical description of group geography (e.g. Street names, borders, other identifying characteristics) |  |
| When do you propose this class to be held? Please provide two dates from August 1 2025-Dec 1 2025 |  |
| How many people are expected to attend? |  |
| How will having this class benefit your neighborhood? |  |
| How will this project make your community more resilient? |  |

Community Member Signatures in Support of Application

|  |  |  |
| --- | --- | --- |
| **Name and signature** | **Address** | **Phone or email** |
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### Flood Preparedness Workshop

I\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ do here by agree to host our neighborhood Flood Preparedness Workshop including publicizing and making every effort to get the minimum class size participants.

|  |  |  |  |
| --- | --- | --- | --- |
| **Name:** |  |  |  |
|  |  |  |  |
| **Signature:** |  | **Date:** |  |

